



## Butler Area School District Gluten Free Menu-APRIL

| Monday<br>4/6/26   | Tuesday<br>4/7/26  | Wednesday<br>4/8/26  | Thursday<br>4/9/26   | Friday<br>4/10/26  |
|--|--|--|--|--|
| GF Pasta w/ Marinara & Mozzarella  | GF Beef Nachos Grande  | Turkey Hot Dog on GF Bun   | GF Soy Garlic Chicken  | Baked Pizza on Cauliflower Crust   |
| <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk |
| 4/13/26  | 4/14/26  | 4/15/26  | 4/16/26  | 4/17/26  |
| GF Hot Turkey Sandwich   | GF Crispy Chicken Tenders with GF Buttered Noodles                       | GF Cheeseburger  | Taco Salad w/ Tortilla Chips   | GF Cheese Pizza Bagels   |
| <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk |
| 4/20/26  | 4/21/26  | 4/22/26  | 4/23/26  | 4/24/26  |
| GF Pasta w/ Marinara & Mozzarella  | GF Beef Nachos Grande  | Turkey Hot Dog on GF Bun   | GF Soy Garlic Chicken  | Baked Pizza on Cauliflower Crust   |
| <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk |
| 4/27/26  | 4/28/26  | 4/29/26  | 4/30/26  | 5/1/26   |
| GF Hot Turkey Sandwich   | GF Crispy Chicken Tenders with GF Buttered Noodles                       | GF Cheeseburger  | Taco Salad w/ Tortilla Chips   |  |
| <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk | <b>FEATURED VEGGIES</b><br>Baby Carrots<br>Apple Sauce<br>Choice of Milk |  |
| 5/4/26   | 5/5/26   | 5/6/26   | 5/7/26   | 5/8/26   |
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**What is a Meal?**  
 You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate  
 Choice of Vegetable  
 Choice of Fruit  
 Grain/Bread  
 Choice of Milk

**Daily Vegetable Choices May Include:**  
 Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

**Daily Fruit Choices May Include:**  
 Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

**Choice of Milk**  
 1% white, 1% white, 1% chocolate, 1% vanilla, 1% strawberry

Lactaid & Vanilla Soy products available.

Daily vegetable and Fruit are also available if allergy restrictions do not apply to the individual.

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 Metz Culinary Management  
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