

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad, composed bean salad*, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, chocolate, vanilla or strawberry Daily Alternates Fresh Entree Salads* • Taco Salad • Crispy Chicken Salad • Salad of the day Cold Cut Sandwiches & Wraps* • Italian Hoagie • Wrap of the day Daily Specialty Pizzas* • Cheese Pizza • Pepperoni Pizza • Pizza of the day • Pickle pizza • BBQ Chick • Hawaiian • Buffalo Chick • Jalapeno Popper • Deep Dish Sandwiches / Grill * • Cheese and Hamburgers • Chicken Patty • Spicy Chicken Patty • Corn Dog (*) Item availability may change between school, café and calendar day
bravo! Mac & Cheese! Noodles with choice of house-made cheese sauce. Add taco beef, pulled pork, buffalo chicken, or chili. Served with roasted lemon-parmesan broccoli, sauteed red peppers, and choice of shredded cheese. Customizable for (V)					
2 Chicken Nuggets w/ Buttered Noodles FEATURED VEGGIES Glazed Carrot Broccoli Salad	3 Mac 'n Cheese Bar FEATURED VEGGIES Steamed Corn Baby Carrots	4 Buffalo Chicken Dip w/ Tortilla Chips FEATURED VEGGIES Med. Chickpea Salad Fresh Cauliflower	5 Variety of Toasted Crafted Flatbreads FEATURED VEGGIES Steamed Garden Peas Tomato Mozzarella Salad	6 Baked Ziti with Marinara FEATURED VEGGIES Roasted BBQ Cauliflower Cilantro Lime Rice	
bravo! Loaded Fries! Crinkle fries or baked potato with choice of buffalo chicken, seasoned steak, vegetable toppings and cheese sauce.					
9 Ranchero Jack Chicken Toaster Sandwich FEATURED VEGGIES Zoodles Marinara Fresh Bruschetta	10 Loaded Fries/Potato Bar FEATURED VEGGIES Crinkle Cut Fries Tossed house Salad	11 Nashville Hot Chicken Maple Flatbread FEATURED VEGGIES Sweet Potato Fries Med. Chickpea Salad	12 Build-your-own Burger FEATURED VEGGIES BBQ Baked Beans Coleslaw	13 Italian Dunkers FEATURED VEGGIES Steamed Green Beans Tomato Mozzarella Salad	
bravo! Pasta! Choice of two daily pastas, alternating daily sauces, fresh baked breads, fresh bruschetta, and herbed parmesan cheese. Customizable for (V)					
16  	17 French Toast Sticks with Turkey Sausage FEATURED VEGGIES Curly Fries Med. ChickPea Salad	18 Villa Toscano (pasta) Bar FEATURED VEGGIES Glazed Carrots Cucumber & Tomato Salad	19 Ham, Pepperoni & Cheese Calzone FEATURED VEGGIES Steamed Mixed Vegetable Celery Sticks	20 Popcorn Chicken Mashed potato Bowl w/ Roll FEATURED VEGGIES Steamed Corn Broccoli Salad	
bravo! Poblano's Mex-American! Choice of soft- or hard-shell tortillas, tortilla chips, seasoned beef, chicken, pork, and nacho cheese, topped with ranch refried beans, rice, Mexicali corn, and a variety of salsas. Customizable for (V)					
23 Italian Meatball Sandwich FEATURED VEGGIES Steamed Green Beans Baby Carrots	24 Poblanos Mex-American Bar FEATURED VEGGIES Steamed Broccoli Strawberry Spinach Salad	25 Cowboy Burger FEATURED VEGGIES Curly Fries Sliced Cucumbers	26 Birria Philly Cheesesteak FEATURED VEGGIES Crinkle Cut Oven Fries Fresh Grape Tomatoes	27 Chicken Alfredo Pasta FEATURED VEGGIES Roasted sweet Potatoes Med. Chickpea Salad	
Metz Culinary Management Brian Beaugard, General Manager 724.214.3235 Brian.Beaugard@basdk12.org		Meal Prices Student Lunch \$2.75 Reduced Lunch \$FREE Faculty Lunch \$4.85			

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

