







Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, chocolate, vanilla or strawberry Lactose free and soy milk available upon request Daily Alternates Daily Specialty Pizzas* • Cheese Pizza • Pepperoni Pizza Sandwiches / Grill * • Cheese and Hamburgers • Chicken Patty • Spicy Chicken Patty • Corn Dog Cold Grab n Go* • Salads & Wraps • WOW Butter Uncrustable • Yogurt Parfaits (*) Item availability may change between school, café and calendar day.
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6 	7 Nachos Grande with Tortilla Chips FEATURED VEGGIES Baked Black Beans Cauliflower Florets	8 French Toast Sticks with Chicken Sausage FEATURED VEGGIES Potato Smiles Cucumber Slices	9 Cheese Lasagna with Garlic Bread FEATURED VEGGIES Steamed Broccoli Baby Carrots	10 Hot Ham & Cheese on a Pretzel Roll FEATURED VEGGIES Roasted Zucchini Sweet Bell Peppers	
13 Italian Meatballs and cheese on a roll FEATURED VEGGIES Oven Crinkle Fries Celery Sticks	14 Dorito Walking Taco FEATURED VEGGIES Baked Beans Tomato Mozz Salad	15 Penne Pasta with Meat Sauce FEATURED VEGGIES Steamed Garden Peas Grape Tomatoes	16 Turkey Hot Dog FEATURED VEGGIES Steamed Carrots Cauliflower Florets	17 Pepperoni Pizza Bagel FEATURED VEGGIES Steamed Mixed Veg Broccoli Florets	
20 Asian Sesame Chicken FEATURED VEGGIES Steamed Broccoli Broccoli Salad	21 Chicken & Cheese Quesadilla FEATURED VEGGIES Crinkle Cut Fries Sweet Bell Pepper	22 Pancakes w/ Chicken Sausage FEATURED VEGGIES Baked tater tots Celery Sticks	23 Turkey & Cheese Melt on a croissant FEATURED VEGGIES Steamed Garden Peas Mandarin Spring Salad	24 Cheese Pizza Sticks with dipping sauce FEATURED VEGGIES Steam Green Beans Grape Tomatoes	
27 Tomato Burger FEATURED VEGGIES Steamed Yellow Corn Cauliflower Florets	28 Beef Soft Taco FEATURED VEGGIES Refried Beans Fresh Pico De Gallo	29 Toasted Grilled Cheese FEATURED VEGGIES Baked Potato Smiles Grape Tomatoes	30 Chicken Tenders w/ Pretzel Roll FEATURED VEGGIES Country Mashed Potato Sweet Bell Peppers		
Metz Culinary Management Brian Beauregard, General Manager 724.214.3235 Brian.Beauregard@basdk12.org					
Meal Prices Student Lunch \$2.75 Reduced Lunch \$FREE Faculty Lunch \$4.85					
					
					

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

