



# Butler Area School District Gluten Free Menu-MARCH

Monday	Tuesday	Wednesday	Thursday	Friday
3/2/26	3/3/26	3/4/26	3/5/26	3/6/26
GF Pasta w/ Marinara & Mozzarella	GF Beef Nachos Grande	Turkey Hot Dog on GF Bun	GF Soy Garlic Chicken	Baked Pizza on Cauliflower Crust
<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk
3/9/26	3/10/26	3/11/26	3/12/26	3/13/26
GF Hot Turkey Sandwich	GF Crispy Chicken Tenders with GF Buttered Noodles	GF Cheeseburger	Taco Salad w/ Tortilla Chips	GF Cheese Pizza Bagels
<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk
3/16/26	3/17/26	3/18/26	3/19/26	3/20/26
GF Pasta w/ Marinara & Mozzarella	GF Beef Nachos Grande	Turkey Hot Dog	GF Soy Garlic Chicken	Baked Pizza on Cauliflower Crust
<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk
3/23/26	3/24/26	3/25/26	3/26/26	3/27/26
GF Hot Turkey Sandwich	GF Crispy Chicken Tenders with GF Buttered Noodles	GF Cheeseburger	Taco Salad w/ Tortilla Chips	GF Cheese Pizza Bagels
<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk
1/26/26	1/27/26			
<i>Don't forget:</i> <b>NO SCHOOL ACT 80 DAY</b>	<i>Don't forget:</i> <b>NO SCHOOL ACT 80 DAY</b>			
<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk	<b>FEATURED VEGGIES</b> Baby Carrots Apple Sauce Choice of Milk			

**What is a Meal?**  
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.

Meat or Meat Alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread  
Choice of Milk

**Daily Vegetable Choices May Include:**  
Spinach, Broccoli, Romaine Salad, Spring Salad, Carrots, Sweet Potatoes, Tomatoes, Red Peppers, Beans, Peas, Potatoes, Corn, Celery sticks, Cucumbers, Cauliflower, Green Peppers, Green Beans, Cabbage and Green Peppers

**Daily Fruit Choices May Include:**  
Oranges, Apples, Bananas, Grapes, Pears, Peaches, Cantaloupe, Melon, Strawberries, Applesauce, Pineapple, 100% Fruit Juices, and Mandarin Oranges

**Choice of Milk**  
1% white, 1% white, 1% chocolate, 1% vanilla, 1% strawberry

Lactaid & Vanilla Soy products available.

Daily vegetable and Fruit are also available if allergy restrictions do not apply to the individual.

**Brian Beauregard**  
Metz Culinary Management  
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