










Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad, composed bean salad*, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, chocolate, vanilla or strawberry Daily Alternates Fresh Entree Salads* • Taco Salad • Crispy Chicken Salad • Salad of the day Cold Cut Sandwiches & Wraps* • Italian Hoagie • Wrap of the day Daily Specialty Pizzas* • Cheese Pizza • Pepperoni Pizza • Pizza of the day • Pickle pizza • BBQ Chick • Hawaiian • Buffalo Chick • Jalapeno Popper • Deep Dish Sandwiches / Grill * • Cheese and Hamburgers • Chicken Patty • Spicy Chicken Patty • Corn Dog (*) Item availability may change between school, café and calendar day
		1 	2 	3 	
 Pasta! Choice of two daily pastas, alternating daily sauces, fresh baked breads, fresh bruschetta, and herbed parmesan cheese. Customizable for (V)					
6 	7 French toast Sticks w/ Chicken Sausage FEATURED VEGGIES Curly Fries Med. Chick Pea Salad	8 Villa Toscano (pasta) Bar FEATURED VEGGIES Glazed Carrots Cucumber and tomato salad	9 Ham, Pepperoni & Cheese Calzone FEATURED VEGGIES Steamed Mixed veg Celery Sticks	10 Popcorn Chicken Mashed Potato Bowl w/ Roll FEATURED VEGGIES Steamed Corn Broccoli Salad	
 Poblano's Mex-American! Choice of soft- or hard-shell tortillas, tortilla chips, seasoned beef, chicken, pork, and nacho cheese, topped with ranch refried beans, rice, Mexicali corn, and a variety of salsas. Customizable for (V)					
13 Italian Meatball Parm Sandwich FEATURED VEGGIES Steamed green Beans Baby Carrots	14 Poblanos Tex-American FEATURED VEGGIES Steamed Golden Corn Baby Carrots	15 Cowboy Burger FEATURED VEGGIES Curried Chickpea Salad Fresh Cauliflower	16 Birria Philly Cheesesteak FEATURED VEGGIES Steamed Garden Peas Tomato Mozzarella Salad	17 Chicken Alfredo Pasta FEATURED VEGGIES Roasted BBQ Cauliflower Cilantro Lime Slaw	
 Burrito Bowls! Rice bowl with tortilla option. Choice of Seasoned Beef, Chicken or Chimichurri pork. Assorted toppings and dressings. Served with Ranch Refried Bean Dip					
20 Cheeseburger Tater Tot Bowl FEATURED VEGGIES Tater Tots Baby Carrots	21 Orange Chicken with Scallions over fried rice FEATURED VEGGIES Steamed Green Beans Straw Spinach Salad	22 Dip & Dust Wing Bar w/ Garlic Knot FEATURED VEGGIES Baked Beans Steamed Mix Veg	23 Classic Italian Super Sub FEATURED VEGGIES Curly Fries Tomato Mozz Salad	24 Bravo Burrito Bar/Bowl FEATURED VEGGIES Steamed Broccoli Baby Carrots	
 Texas Smokehouse! Choice of dry-rubbed BBQ chicken or pork, ranch taters, zesty country green beans, BBQ baked beans, slaw, and melons. Choice of Kaiser roll or corn bread, and a variety of BBQ sauces.					
27 Baked Chicken Tenders FEATURED VEGGIES Mashed Potatoes Tom Mozz Salad	28 Beef or Chicken Nachos Grande FEATURED VEGGIES Refried Beans Fresh Pico de gallo	29 Texas Smokehouse Bar FEATURED VEGGIES Sweet Potato Fries Fresh Pineapple Slaw	30 Ham, Pepperoni & Cheese Calzone FEATURED VEGGIES Waffle Fries Fresh Cucumber Slcies		
Metz Culinary Management Brian Beauregard, General Manager 724.214.3235 Brian.Beauregard@basdk12.org		Meal Prices Student Lunch \$2.75 Reduced Lunch \$FREE Faculty Lunch \$4.85			

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

